



# Year 7 Camp FAQs

## 1. What do I do if I still have medication to hand in?

All medication needs to be submitted by **Friday 7 February** at the very latest. If you have medication to hand in, please make arrangements by contacting the **College Nurse via PCC.healthcentre@cewa.edu.au or 9301 6269 or come to the Prendiville Centre Reception**. All tablet medication (including panadol & antihistamine tablets must be packed in a Webster-pak (or similar) by a pharmacist. Ventolin puffers and Epi-Pens should be carried by students in their day packs.

## 2. What happens if I need to collect my child early?

If you need to collect your child unexpectedly for family reasons, or speak with a teacher, please make contact with **College Administration on Tel. 9307 2000**, email [cameron.halvorson@cewa.edu.au](mailto:cameron.halvorson@cewa.edu.au) (this will not be checked all of the time) or phone the Swan Valley Adventure Centre's office on Tel. 9374 5600.

## 3. How will my child's food allergy be managed?

Swan Valley Adventure Centre is a nut/tree nut free establishment. All information provided to the College by parents through **ConsentGo** will be given to the onsite catering staff at SVAC. Students with allergies will be served first. Please ensure that you have included all information on Consent2Go. We will not be able to cater for allergies if this is not up to date.

## 4. Does my child have to attend the Camp?

It is an expectation that all students attend camp to meet new students, settle into Year 7, get to know teachers and have an incredible learning opportunity. It is also part of the educational programme for the three days of school.

We understand that many students are nervous about Camp - this is completely normal! Being nervous is part of life and so it's a good feeling to get used to.

Every student who stays on Camp always has the best time - even those that didn't want to go. Supports will be in place to meet the needs of all children, so reach out if you need more information on this.

## 5. How can I settle my child's nerves about Camp?

Parents are encouraged to discuss any concerns their child may have, prior to Camp. Please reassure them that we will take care of them and do our very best to ensure they have a wonderful break from school.

Remember that the majority of children are feeling nervous and this feeling is perfectly ok!

## 6. My child's friends are in other Houses - will they have time to socialise?

Yes, meal times, night activities and break times are all with other Houses. Students will be able to catch up with established and new camp friendships. We will be bringing sports equipment for break times - there is a basketball court, soccer field and frisbee course.



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## **7. How will my child's medical needs be managed?**

There will be a registered nurse onsite to assist staff with the health needs of our students. When not attending to students, the nurse will be located with the Head of Year. If a student feels unwell during the evening, they should seek assistance from the dormitory staff members first.

## **8. What are the rules with bathers?**

To be SunSmart, no student should be exposing their midriff or shoulders so bathers must be covered with a rashie or old T-Shirt at all times. Please remember to bring suncream and a hat. If you do not own water activity shoes, a pair of old joggers will be fine.

## **9. What activities will my child be doing on Camp?**

Students will enjoy a variety of outdoor pursuits including raft building, canoe paddling, flying fox, swimming, completing a commando course, a crate stacking activity and other team building activities. The aim is to create shared experiences to assist students in building new friendships and to contribute to the newly formed Year 7 Prendiville community.

## **10. My child is unable to participate in certain activities. Who do I contact?**

Encourage your child to speak to their Prendiville Group Activity leader (it will be a teacher) about medical or personal circumstances that prevent them from attempting certain activities. Students and parents/guardians can also email me, if they need advice or are worried about an activity - I will pass this information to the student's group's staff leader.

## **11. When will my child receive their Camp Booklet?**

Students will receive their Camp Booklets during homeroom the day before Camp. They must pack this booklet in their Day Pack. It contains their schedule and their Activity Groups. It does not contain dorm room information - this will be released on Camp.

## **12. My child has not had a sleepover before, what do I do? What are the sleeping arrangements on camp?**

This is exciting! Lots of students come to camp and it is their first sleepover. Your child may feel nervous and this is ok. All students are expected to stay overnight... this is when the fun happens with friends, so try and talk about all the positives!

Students have been placed in single gender dormitories and will be supervised by same gender staff members. Dorm rooms contain 2 bunks to 10 bunks. Dorm lists will not be released until we arrive on Camp. Students cannot enter other students' rooms.

Students will be placed with other students from their Homeroom.



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## **13. Can my child bring lollies?**

Students must not bring lollies to camp due to allergies. Swan Valley Adventure Centre staff have requested no food or drink is to be consumed in dormitory rooms. We also have students with a wide range of food allergies requiring the catering to be tightly managed.

## **14. Can my child bring card games?**

Great idea! Students are most welcome to bring small card games (eg. UNO, playing cards etc) as a way of engaging other students in their dorm however, they must take full responsibility for the loss of these items.

## **15. About Swan Valley Adventure Centre**

Nestled in the beautiful Swan Valley, the Swan Valley Adventure Centre is a twenty minute drive from Prendiville Catholic College. The Centre boasts an amazing 89 acres of tranquil open spaces and historic buildings with one mission: create unforgettable moments that will be talked about for years to come. Students will be transported to and from the Centre via Horizon West coaches.